

LICC OPEN MEETING FOR U20, SENIOR AND MASTER ATHLETES

SUNDAY 2 AUGUST 2020

LEE VALLEY ATHLETICS CENTRE, 61 MERIDIAN WAY, EDMONTON, N9 0AR

Arrival Time	Start Time	Athlete Max	Event
	10:50	6	Discus - Pool A
	10:50	36	Sprint Hurdles - 9 Races
	11:40	6	Long Jump - Pool A
	12:10	40	100m - Group A - 10 Races
	12:20	6	Discus - Pool B
	13:00	6	Long Jump - Pool B
	13:40	40	100m - Group B - 10 Races
	14:30	6	Shot - Pool A
	15:00	40	100m - Group C - 10 Races
	15:30	6	Triple Jump - Pool A
	16:00	6	Shot - Pool B
	16:30	64	400m - 16 Races
	17:15	6	Triple Jump - Pool B