

ALLIANZ PARK THROWS FEST – Took place at Allianz Park on 11 July

Shot 7.26kg – SMA **SCOTT LINCOLN** (HCA) 1st (PB 20.41m) adding 2cm to his 2019 put, and is ranked UK No.1 in 2020

Shot 5kg – U17MB **JAMES ISAACS** 1st (PB 13.65m) adding 33cm to his 2019 put, and is ranked UK No.7 U17 in 2020, **GABRIEL LAMB** 2nd (PB 11.13m) adding 71cm to his 25 January

Discus 1.5kg – U17MB **JAMES ISAACS** 2nd (PB 41.08m) adding 1.56m to his 2019 throw, and is ranked UK No.3 U17 in 2020, **GABRIEL LAMB** 3rd (PB 40.98m) and is ranked UK No.4 U17 in 2020

Discus 1kg – SW **JADE LALLY** 1st (SB 56.10m) adding 4.28m to her 7 March throw, and is ranked UK No.2 in 2020, **SHADINE DUQUEMIN** 3rd (SB 52.51m) and is ranked UK No.3 in 2020

Hammer 6kg – U20MA **OLIVER GRAHAM** 1st (PB 63.96m) adding 57cm to his 2019 throw, and is ranked UK No.3 U20 in 2020, **JAMES LANCASTER** 2nd (SB 58.46m) and is ranked UK No.4 U20 in 2020

Javelin 600g – SWB **CRISTINA POTTER U20** 3rd (SB 27.69m) and is ranked UK No.7 U20 in 2020

Javelin 500g – U17W **ISABELLA BRUNSKILL** 2nd (PB 37.87m) and is ranked UK No.2 U17 in 2020