

SBH Athlete and Coach Track and Field Training Agreement – 3 June 2020

This Agreement has been produced to ensure compliance with the current guidance issued by the UK Government and England Athletics. Athletes will be sent this document in advance of starting training at Allianz Park. This will outline the rules and what is expected of athletes (see below). This agreement will be updated as and when UK Government and England Athletics guidance changes. A copy of this is to be signed by the athlete / parent and kept on file.

Athletes should arrive promptly at their booking time. Coaches will meet their athletes outside the SBH Clubhouse where they will be asked to confirm that they do not have, and that no one in their household has, (or has had within the last 14 days) any of the symptoms of COVID-19. Athletes must recognise their responsibilities to SBH and to the training environment including maintaining social distancing at all times and complying with all UK Government and England Athletics advice. Athletes must also confirm that they are both physically and mentally ready to return to club training sessions and will immediately inform the Club should they (or anyone with whom they have been in contact) develop (or be suspected to have) any COVID-19 symptoms or be required to “shield” or “self-isolate”.

The athletes will then be escorted using social distancing (2 metres) into the SBH Clubhouse to sign the attendance record. Athletes must follow the instructions of the coach and observe social distancing during warm-up, the session and cool down.

Track

The track groups will be limited to a maximum of five ‘competing Club Athletes’ and one coach for each session. If you come across other athletes at the facility, you must observe social distancing during warm-up, the session and cool down.

Throws

Athletes should have their own implements. However, one implement of each weight will be left in the SBH store beside the sanitising equipment. Each item should be sanitised before and after use. It is essential that all implements used are signed out / in to ensure a proper record is kept. Athletes must not let anyone else touch or use the items. When retrieving implements from the throws field, athletes should only collect their own implement.

Under no circumstances will Javelin throwing be undertaken at the same time as Discus or Hammer irrespective of the makeup of the training squad. For security and health reasons, coaches and athletes must remain on the outside of the cage netting and stand at the rearmost point observing social distancing at all times. Athletes must not walk beyond the circle unless it is to enter the cage.

Once a thrower has thrown the implement, the next thrower MUST wait until the cage is clear before entering. Throwers leaving the cage "turn left to exit" and throwers must enter from the “right” to ensure athletes do not come into close proximity.

Jumps

At the present time, England Athletics have not sanctioned any jumps training. This Agreement will be updated once the appropriate proposals are published.

We hereby agree to the above conditions.

	ATHLETE	PARENT	DATE
NAME			
SIGNATURE			

Once completed, this form should be sent immediately to:

Jeremy Sothcott – SBH Director of Coaching - jeremy.sothcott@btinternet.com

Ty Holden – SBH Covid-19 Officer - dityholden@yahoo.co.uk