



24 March 2020

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CORONAVIRUS STATEMENT

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Further restrictions on movement were put in place by the UK Government last night. As a result, UKA and England Athletics have issued an updated statement, the main points being:

Athletics in England suspension extended until 31 May 2020

This suspension includes all organised athletics activity in the UK, including all competitions, formal club activities, running groups, and all Education activity.

All physical coaching ceases, can only be conducted via virtual means

Bringing groups of people together to train, however small, can no longer be permitted under the strict 'Stay at home' measures implemented by the UK Government.

The only permissible reasons to leave your home are as follows:

- To shop for basic necessities and that should be limited to once a day
- To take exercise once a day - but alone or with those you live with, no gatherings of more than two people
- For medical reasons or to care for a vulnerable person
- To travel to essential work if that cannot be done at home. Further guidance to employers is pending.

To comply with the current UK Government instructions

Access through the SBH Clubhouse to the Strength and Conditioning gym, the Cardiovascular suite and the Stadium itself, including both the outdoor and indoor facilities is prohibited.

The UK Government has indicated that it will review these instructions towards the end of April.

These decisions on SBH Clubhouse entry and Stadium access have been made jointly by the SBH Executive and our partners at Saracens. We both understand that these have been difficult ones to make, but right now, it is our shared responsibility to prioritise the health of our local communities by working together to follow the UK Government guidelines. In doing so, this will ensure that we all get back to competing in the sport we love so much sooner.

Good luck and stay safe!

Geoffrey Morphitis – SBH Executive

Richard Gregg – Saracens – Operations Director

<https://www.englandathletics.org/athletics-and-running/news/coronavirus-statement/>