



To all Club members of SBH

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URGENT UPDATE – 17 MARCH

“England Athletics has today advised that all face-to-face activity such as club training sessions, events, competitions, club committee and face-to-face meetings, athlete camps, running groups and social events should be suspended until at least the end of April.

The decision has been taken in the interests of athletes, runners, officials, coaches, volunteers, supporters and the wider athletics and running communities. This decision is also in alignment with actions taken by the home country athletics federations in Wales, Scotland and Northern Ireland and is similar to action taken by other sports.

Where possible, athletes and runners at all levels are encouraged to maintain their own personal fitness and keep active during this time, while following government guidelines about safe distance and safe exercise environments.

England Athletics will continue to review and monitor government advice and will provide detailed updates on the impact to our sport in the coming weeks. We appreciate that the current situation will undoubtedly place our member clubs in a difficult situation and we are working with UKA and the other Home Country Athletics Federations on the best way to help alleviate the situation and will update you as plans evolve.”

SBH will comply with the above directive, and therefore tonight’s session at Allianz Park will be the last formal Club sanctioned event. Coaches will be in touch with their squad members to advise on training alternatives based on personal circumstances so that athletes can maintain their own personal fitness.

The long-term wellbeing of our members and volunteers is our main priority, particularly with regard to the training and competition opportunities we provide. We will keep you updated on Club policy over the coming weeks as Government and governing body advice develops for those “at risk groups”.

Geoffrey Morphitis – For and on behalf of SBH Executive