

Position	Bib	Min Sec	Name	Surname	Club
1	405	24 18	Lottie	Rowedder	Herts Phoenix
2	407	26 44	Gabby	Kyriacou	Shaftesbury Barnet H
3	401	27 12	Sophie	Morton	Chiltern Harriers
4	416	27 29	Jessica	Rosewarn	Watford Harriers
5	406	27 39	Sarah	Butler	Shaftesbury Barnet H
6	413	28 10	Hannah	Rayden	St Albans Striders
7	404	28 12	Hannah	Booth	Herts Phoenix
8	415	28 15	Emma	Baldwin	Watford Harriers
9	412	28 26	Jessica	Laitner	St Albans Striders
10	411	28 42	Caitlin	Eckley	St Albans Striders
11	410	30 07	Alex	Bentley	St Albans Striders
12	408	32 24	Lily	Rachel	Shaftesbury Barnet H
13	403	32 48	Louise	Maikovsky	Harpenden Arrows

Under 20 Women - Teams

1	Shaftesbury Barnet H	2;5;12	19
2	St Albans Striders	6;9;10	25