

Position	Bib	Min Sec	Name	Surname	Club
1	309	23 33		Freya Stapleton	Shaftesbury Barnet H
2	308	25 18		Grace Ingles	Shaftesbury Barnet H
3	311	25 55	Christina	Durbin	St Albans Striders
4	314	25 57	Keira	Stern	St Albans Striders
5	307	26 15	Mia	Groom	Shaftesbury Barnet H
6	310	26 19	Lucy	Taylor	Shaftesbury Barnet H
7	303	28 00	Amy	Cassidy	Dacorum & Tring
8	306	28 30	Eva	McCabe	N Herts RR
9	301	29 14	Eleanor	Mason	Bishops Stortford RC
10	317	30 12	Katie	Thompson	Stevenage & NH
11	313	30 18	Niamh	Gallagher	St Albans Striders
12	318	30 34	Charlotte	Glenister	Watford Harriers
13	304	31 21	Jessica	Hoar	Dacorum & Tring
14	316	32 07	Lizzie	Raymont	Stevenage & NH
15	302	32 12		lily Boden	Dacorum & Tring

Under 17 Women - Teams

1	Shaftesbury Barnet H	1;2;5	8
2	St Albans Striders	3;4;11	18
3	Dacorum & Tring	7;13;15	35