

Position	Bib	Min Sec	Name Surname	Club
1	277	20 34	Kristian Imroth	Shaftesbury Barnet H
2	275	21 25	Brett Rushman	Herts Phoenix
3	289	21 54	Ben Sloan	WGEL
4	288	21 58	Charlie Woollett	Watford Harriers
5	282	22 08	James Moore	St Albans Striders
6	272	22 25	Freddie Truman-Williams	Dacorum & Tring
7	270	22 38	Michael Armstrong	Dacorum & Tring
8	271	22 58	Angus Saunders	Dacorum & Tring
9	290	23 06	Sam Sloan	WGEL
10	196	23 21	Charlie Grayson	Stevenage & NH
11	268	23 30	Finn MacCarthy	Barnet & District
12	286	24 48	Alex Rosewarn	Watford Harriers
13	279	24 57	James Allison	St Albans Striders
14	276	25 40	Dylan Hepworth	Shaftesbury Barnet H
15	285	25 58	Lewis Clarke	Watford Harriers
16	278	27 43	Ben Kelly	Shaftesbury Barnet H
17	284	29 12	Jack Austen	Watford Harriers

Under 17 Men - Teams

1	Dacorum & Tring	6;7;8	21
2	Watford Harriers	4;12;15	31
3	Shaftesbury Barnet H	1;14;16	31