

| Position | Bib | Min Sec | Name | Surname | Club |
|-----------------|------------|----------------|-------------|----------------|----------------------|
| 1 | 183 | 17 52 | Lily | Tse | St Albans Striders |
| 2 | 182 | 18 00 | Antonia | Jubb | St Albans Striders |
| 3 | 189 | 18 18 | Sarah | McGrath | St Albans Striders |
| 4 | 180 | 19 04 | Elena | Roncarati | Shaftesbury Barnet H |
| 5 | 181 | 19 10 | Aimi | Weightman | Shaftesbury Barnet H |
| 6 | 178 | 19 15 | Stella | Whitlum | Dacorum & Tring |
| 7 | 184 | 19 18 | Hannah | Barker | St Albans Striders |
| 8 | 188 | 19 33 | Sara | Laitner | St Albans Striders |
| 9 | 186 | 19 46 | Eve | Gamsby | St Albans Striders |
| 10 | 176 | 19 57 | Grace | Hucknall | Dacorum & Tring |
| 11 | 190 | 20 26 | Mia | Pullan | St Albans Striders |
| 12 | 173 | 20 32 | Jemima | Byers | Dacorum & Tring |
| 13 | 192 | 20 36 | Laura | Thompson | Stevenage & NH |
| 14 | 193 | 20 41 | Jordan | Walters | Watford Harriers |
| 15 | 175 | 21 28 | Emma | Cresswell | Dacorum & Tring |
| 16 | 187 | 22 30 | Yasmin | Howgego | St Albans Striders |
| 17 | 179 | 22 48 | Eleanor | Rachel | Shaftesbury Barnet H |
| 18 | 174 | 23 07 | Lauren | Collis | Dacorum & Tring |

Under 15 Girls - Teams

| | | | |
|---|------------------------|---------|----|
| 1 | St Albans Striders 'A' | 1;2;3 | 6 |
| 2 | St Albans Striders 'B' | 7;8;9 | 24 |
| 3 | Shaftesbury Barnet H | 4;5;17 | 26 |
| 4 | Dacorum & Tring | 6;10;12 | 28 |