

<b>Position</b>	<b>Bib</b>	<b>Min Sec</b>	<b>Name Surname</b>	<b>Club</b>
1	399	28 08	Stacey Ward	St Albans Striders
2	356	29 07	Emily Ruane	Herts Phoenix
3	359	30 36	Natalie Lawrence	Fairlands VS
4	321	30 57	Karen Murphy	Barnet & District
5	328	31 16	Samantha Fawcett	Dacorum & Tring
6	376	31 16	Jennifer Conway	St Albans Striders
7	438	31 52	Helen Mussen	Watford Joggers
8	300	32 05	Joanne Kent	Barnet & District
9	422	32 11	Claire Bentley	Watford Harriers
10	348	32 12	Laura Hicks	Harpenden Arrows
11	353	32 13	Alicia Found	Herts Phoenix
12	366	32 18	Rebekah Gardiner	Shaftesbury Barnet H
13	421	33 08	Angela Adcock	Watford Harriers
14	325	33 14	Hannah Bennett	Dacorum & Tring
15	293	33 21	Nina Atherton	Barnet & District
16	320	33 35	Katherine March	Barnet & District
17	423	33 37	Chloe Dearman	Watford Harriers
18	296	34 02	Nicola Froud	Barnet & District
19	357	34 08	Deborah Rushman	Herts Phoenix
20	398	34 09	Wendy Walsh	St Albans Striders
21	374	34 11	Helen Cartlidge	St Albans Striders
22	387	34 32	Claire Kremer	St Albans Striders
23	431	34 34	Una Delaney	Watford Joggers
24	377	34 41	Lauren Eckley	St Albans Striders
25	323	34 50	Kerry Ardley	Dacorum & Tring
26	389	34 58	Zoe Lowe	St Albans Striders
27	362	35 05	Lauren Davison	Royston Runners
28	322	35 26	Jo Arscott	Bishops Stortford RC
29	444	35 38	Jo Sherman	Watford Joggers
30	352	35 45	Karen Wilkins	Harpenden Arrows
31	418	35 53	Lynda Hembury	Tring AC
32	299	36 21	Charlotte Kennedy	Barnet & District
33	388	36 24	Nicky Laitner	St Albans Striders
34	417	36 25	Alison Harding	Tring AC
35	429	36 26	Clare Bonnick	Watford Joggers
36	446	36 27	Gail Winter	Watford Joggers
37	361	36 28	Ellie Web	N Hert RR
38	345	36 30	Eleanor Newton	Garden City Runners
39	381	37 08	Claire Hobson	St Albans Striders
40	420	37 21	Rachel Wray	Tring AC
41	342	37 26	Hannah Frank	Garden City Runners
42	439	37 51	Kate Pickard	Watford Joggers
43	331	37 53	Katie Le Blond	Dacorum & Tring
44	380	38 02	Deirdre Heydecker	St Albans Striders
45	351	38 03	Anita White	Harpenden Arrows
46	329	38 07	Louise Flower	Dacorum & Tring
47	441	38 24	Rebecca Reed	Watford Joggers
48	369	38 29	Mandy Attree	St Albans Striders
49	386	38 33	Ruth Kent	St Albans Striders

50	340	38 37	Rebecca Barden	Garden City Runners
51	298	38 44	Kirsty Johnstone	Barnet & District
52	443	38 46	Sarah Sharman	Watford Joggers
53	425	39 03	Jackie Drew	Watford Harriers
54	335	39 05	Rhiannon Griffin	Fairlands VS
55	326	39 09	Emma Bisgrove	Dacorum & Tring
56	349	39 37	Claire Price	Harpenden Arrows
57	330	39 46	Tina Le	Dacorum & Tring
58	295	40 01	Karen Bradley	Barnet & District
59	434	40 06	Katerina Fellas	Watford Joggers
60	344	40 21	Kay Metcalfe	Garden City Runners
61	419	40 33	Hannah Whiffen	Tring AC
62	428	40 41	Florence Watson	Watford Harriers
63	447	40 43	Victoria Sylvester	Watford Joggers
64	442	40 53	Julie Rice	Watford Joggers
65	292	40 57	Silvana Alves	Barnet & District
66	319	40 57	Annabelle Lee	Barnet & District
67	424	41 02	Christine Dearman	Watford Harriers
68	363	41 05	Kate McAuliffe	Royston Runners
69	324	41 30	Jos Bartlett	Dacorum & Tring
70	433	41 41	Katie Di Paolo	Watford Joggers
71	382	43 02	Emma Hostler	St Albans Striders
72	392	43 03	Magdalena Petrus	St Albans Striders
73	384	43 06	Carole Jack	St Albans Striders
74	383	43 09	Diane Hunt	St Albans Striders
75	430	43 13	Sue Defoe	Watford Joggers
76	347	43 18	Jennifer Finlay	Harpenden Arrows
77	368	43 33	Rachel Aldridge	St Albans Striders
78	435	43 42	Lucy Glass	Watford Joggers
79	294	43 53	Clare Boutle	Barnet & District
80	436	44 16	Emma Jeffrey	Watford Joggers
81	397	45 08	Lucy Stern	St Albans Striders
82	400	45 24	Kirsty Barnett	Tring AC
83	338	45 44	Julie Shadbolt	Fairlands VS
84	291	46 09	Alessandra Almeida-Jones	Barnet & District
85	373	47 32	Anne-Marie Bullivant	St Albans Striders
86	337	48 55	Penny Schenkel	Fairlands VS
87	440	51 25	Marcia Quinn	Watford Joggers
88	336	n t	Sharon Crowley	Fairlands VS

#### Senior Women - Teams

1	Barnet & District 'A'	4;8;15;16	43
2	St Albans Striders 'A'	1;6;20;21	48
3	Dacorum & Tring 'A'	5;14;25;43	87
4	Watford Harriers	9;13;17;53	92
5	Watford Joggers 'A'	7;23;29;35	94
6	St Albans Striders 'B'	22;24;26;33	105
7	Harpenden Arrows	10;30;45;56	141
8	Barnet & District 'B'	18;32;51;58	159
9	Tring AC	31;34;40;61	166

10	Watford Joggers 'B'	36;42;47;52	177
11	St Albans Striders 'C'	39;44;48;49	180
12	Garden City Runners	38;41;50;60	189
13	Fairlands VS	3;54;83;86	226
14	Dacorum & Tring 'B'	46;55;57;69	227
15	Watford Joggers 'C'	59;63;64;70	256
16	St Albans Striders' 'D'	71;72;73;74	290
17	Barnet & District 'C'	65;66;79;84	294
18	Watford Joggers 'D'	75;78;80;87	320