

Time	Team	Leg1	Name	Leg2	Name
0:15:49.55	East Cheshire Harriers & Tameside	0:07:28.05 (45)	J Harney	0:08:21.50 (58)	J McGraw
0:15:49.65	Wakefield District H & Ac	0:07:39.00 (56)	T Wright	0:08:10.65 (59)	E Gaskin
0:16:00.45	Halifax Harriers & AC	0:07:58.80 (82)	N Hughes	0:08:01.65 (66)	J Howard
0:16:01.55	Leicester Coritanian AC	0:07:27.60 (44)	J Stretton	0:08:33.95 (68)	M Green
0:16:28.45	Aldershot Farnham & District 'C'	0:07:44.75 (65)	E Stewart	0:08:43.70 (81)	J Kershaw
0:16:45.50	St Albans Striders 'C'	0:07:47.45 (69)	T Rayden	0:08:58.05 (87)	P Gomez-Jones
0:16:47.05	Ealing Southall & Middlesex AC	0:07:45.45 (66)	F Combe	0:09:01.60 (88)	M Ibrahim
0:17:00.75	North Norfolk Harriers Athletics Clu	0:08:09.20 (93)	N Hutchings	0:08:51.55 (94)	A Barker
0:17:07.65	Heanor Running Club	0:08:10.95 (95)	T Bailey	0:08:56.70 (97)	A Winson
0:17:11.50	Herne Hill Harriers 'B'	0:08:00.45 (83)	D Aisa Miller	0:09:11.05 (98)	B Birch
0:17:48.80	Preston Harriers 'B'	0:08:48.75 (109)	B Reid	0:09:00.05 (101)	L Barrow
0:18:17.35	Charnwood A C 'B'	0:08:52.55 (110)	E Brown	0:09:24.80 (104)	B Wagg
0:18:56.75	Mansfield Harriers 'A'	0:08:45.75 (108)	C Beck	0:10:11.00 (107)	H Wilkinson
0:19:53.45	Lincoln Wellington Athletic Club 'C'	0:09:08.75 (115)	E Merrell	0:10:44.70 (110)	S Kumar
0:06:53.95	Holmfirth Harriers Ac	0:06:53.95 (3)	K Green		
0:07:33.75	Blackheath & Bromley Harriers AC '	0:07:33.75 (52)	O Robertson		
0:08:05.60	City Of Norwich AC 'B'	0:08:05.60 (87)	J Abram		
0:08:28.25	East Cheshire Harriers & Tameside	0:08:28.25 (103)	P Lee		
0:09:03.70	Sutton in Ashfield Harriers & AC 'B'	0:09:03.70 (114)	J Thompson		

Fastest Leg 1

Pos	Time	Bib	Name	Team
1	0:06:49.75	A722	Z Saez	Bedford & County Ac 'A'
2	0:06:53.20	A826	B Brown	Southampton Athletic Club
3	0:06:53.95	A775	K Green	Holmfirth Harriers Ac
4	0:06:54.85	A782	T Swarbrick	Lancaster & Morecambe AC 'A'
5	0:06:56.55	A821	J Kelly	Sale Harriers Manchester 'A'
6	0:07:01.05	A832	T Manton	Stockport Harriers & AC
7	0:07:02.75	A771	C Chilton	Herne Hill Harriers 'A'
8	0:07:03.00	A732	J Winship	Bracknell AC 'A'
9	0:07:03.15	A802	J Blevins	North Shields Polytechnic Club
10	0:07:03.40	A779	H Hunter	Kendal Amateur Athletic Club

Fastest Leg 2

Pos	Time	Bib	Name	Team
1	0:07:06.60	B758	P Welsh	Derby Athletic Club 'A'
2	0:07:10.50	B771	J Taylor	Herne Hill Harriers 'A'
3	0:07:11.35	B749	M Aldred	Chiltern Harriers Ac 'B'
4	0:07:18.05	B718	R Morrell	Aldershot Farnham & District 'A'
5	0:07:19.40	B748	T Redmond	Chiltern Harriers Ac 'A'
6	0:07:23.20	B779	H Bowen	Kendal Amateur Athletic Club
7	0:07:23.45	B828	O Loveday	St Albans Striders 'B'
8	0:07:24.05	B741	J Borrett	Cambridge & Coleridge AC 'A'
9	0:07:25.35	B742	L Buchallet	Cambridge & Coleridge AC 'B'
10	0:07:27.60	B821	J Spark	Sale Harriers Manchester 'A'

Fastest Leg 3

Pos	Time	Bib	Name	Team
1	0:06:59.70	C718	E Scott	Aldershot Farnham & District 'A'
2	0:07:03.50	C748	C Nisbet	Chiltern Harriers Ac 'A'
3	0:07:03.65	C779	J Bowen	Kendal Amateur Athletic Club
4	0:07:07.80	C818	L Finch	Saffron Athletics Club 'A'
5	0:07:16.25	C764	O Capps	Exeter Harriers
6	0:07:21.15	C832	J Catterall	Stockport Harriers & AC
7	0:07:24.05	C741	G Parmenter	Cambridge & Coleridge AC 'A'
8	0:07:26.05	C800	H Jonas	North Norfolk Harriers Athletics Club 'A'
9	0:07:27.20	C755	J Horton	Cornwall AC 'A'
10	0:07:27.35	C843	A Poulston	Wirral AC 'A'