

Time	Team	Leg1	Name	Leg2	Name	Leg3	Name
0:50:11.45	Loughborough Students AC	0:15:41.85 (12)	J Williamson	0:16:17.45 (6)	D Nolan	0:18:12.15 (24)	R Francis
0:53:27.95	Ealing Southall & Middlesex AC	0:17:17.45 (65)	Runner A68	0:17:51.25 (53)	Runner B68	0:18:19.25 (55)	Runner C68
0:54:48.25	Shaftesbury Barnet Harriers 'B'	0:17:36.25 (78)	S Griffiths	0:17:36.10 (56)	M Grant	0:19:35.90 (69)	R Breen
0:56:17.95	Derby Athletic Club 'B'	0:16:47.25 (46)	Runner A58	0:20:10.05 (84)	Runner B58	0:19:20.65 (81)	Runner C58
0:56:57.95	Bedford & County AC 'C'	0:16:57.95 (58)	S Headley	0:17:56.35 (50)	C Thornley	0:22:03.65 (89)	J Benedickter
1:00:32.80	Birchfield Harriers 'C'	0:19:56.25 (141)	P Dimbleby	0:21:52.70 (147)	S Rhodes	0:18:43.85 (123)	T Gebrekidan
1:06:09.60	Vegan Runners UK	0:20:15.35 (152)	J Corbett	0:25:26.60 (180)	P Simpson	0:20:27.65 (158)	M Rhodes
1:07:44.45	City Of Norwich AC 'A'	0:16:36.20 (38)	J Senior	0:33:42.50 (192)	G Gay	0:17:25.75 (164)	D Oliver
1:08:50.25	Oxford University AC 'A'*	0:32:56.00 (203)	K Smith	0:17:02.85 (191)	T Lees	0:18:51.40 (170)	J Woods
1:13:04.10	Harborough Ac 'C'	0:24:15.45 (200)	M Hughes	0:24:34.50 (188)	G Wallis	0:24:14.15 (183)	D Ward
0:38:18.70	Oxford University AC 'B'*	0:18:22.75 (101)	C Coomer	0:19:55.95 (102)	J Knox		
0:38:50.10	Coventry Godiva Harriers 'B'	0:19:23.45 (126)	J Pegler	0:19:26.65 (111)	D Conway		
0:41:34.25	Rugby & Northampton Ac 'C'	0:20:09.60 (150)	M Carroll	0:21:24.65 (145)	V Carroll		
0:44:11.30	Blackheath & Bromley Harriers AC 'C'	0:20:38.55 (162)	D Marks	0:23:32.75 (168)	N Corry		
0:45:05.10	Charnwood A C 'B'	0:21:38.65 (175)	N White	0:23:26.45 (171)	M Whitmore		
0:47:00.30	North Shields Polytechnic Club 'B'	0:21:48.80 (179)	J Nash	0:25:11.50 (186)	H Parry		
0:49:24.35	Vale Royal Ac 'B'	0:22:49.30 (193)	M Pilliner	0:26:35.05 (189)	R Pettitt		
0:15:40.25	Colchester Harriers AC	0:15:40.25 (11)	Runner A54				
0:16:51.20	Stockport Harriers & AC 'B'	0:16:51.20 (51)	M Sawrey				
0:17:27.70	Leeds City Athletic Club 'C'	0:17:27.70 (73)	M Abshir				
0:17:58.50	Trafford Athletic Club 'A'	0:17:58.50 (88)	J Prest				
0:18:05.75	Gateshead Harriers & AC 'B'	0:18:05.75 (92)	S Asquith				
0:19:37.65	Southampton Athletic Club 'B'	0:19:37.65 (133)	T Cully				
0:21:16.35	Grantham Ac 'B'	0:21:16.35 (169)	A Short				
0:24:10.35	East Hull Harriers & Ac 'C'	0:24:10.35 (199)	S Tichopad				
0:26:01.55	Durham City Harriers & AC 'B'	0:26:01.55 (201)	G Watson				

## Fastest Leg 1

Pos	Time	Bib	Name	Team
1	0:14:10.35	A211	R Keane	Thames Valley Harriers 'B'
2	0:15:22.45	A157	P Dever	Preston Harriers 'A'
3	0:15:23.00	A77	L Moses	Gateshead Harriers & AC 'A'
4	0:15:25.00	A51	A Brecker	City Of Stoke Ac 'A'
5	0:15:25.40	A69	J Stewart	East Cheshire Harriers & Tameside Ac 'A'

## Fastest Leg 2

Pos	Time	Bib	Name	Team
1	0:15:43.40	B205	J Morris	Stockport Harriers & AC 'A'
2	0:15:48.70	B185	B Goater	Shaftesbury Barnet Harriers 'A'
3	0:15:58.55	B145	J Rossiter	Newham & Essex Beagles AC 'A'
4	0:15:59.25	B124	D Gezimu	Liverpool Harriers & AC 'A'
5	0:16:00.65	B217	D Brown	Tonbridge Ac 'B'

## Fastest Leg 3

Pos	Time	Bib	Name	Team
1	0:15:39.40	C4	E Cross	Aldershot Farnham & District 'A'
2	0:15:44.90	C216	R Driscoll	Tonbridge Ac 'A'
3	0:15:48.60	C124	D Jarvis	Liverpool Harriers & AC 'A'
4	0:16:01.70	C77	C Johnson	Gateshead Harriers & AC 'A'
5	0:16:05.25	C185	R Horton	Shaftesbury Barnet Harriers 'A'

## Fastest Leg 4

Pos	Time	Bib	Name	Team
1	0:06:48.60	D3	P Gallagher	Ackworth Road Runners 'B'
2	0:09:48.20	D198	C Hinks	Sparkhill Harriers 'B'
3	0:12:54.70	D62	A Harris	Desford Striders 'B'
4	0:15:29.25	D216	C Olley	Tonbridge Ac 'A'
5	0:15:31.80	D4	J Hay	Aldershot Farnham & District 'A'