

## UK Women's Athletics League

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**Premier Match 1 - Swansea**

				Perf	Record	Wind	UKA	AW	4th June 2016				Perf	Wind	UKA	AW			
<b><u>Women's 100m A</u></b>				Wind=	-0.1					<b><u>Women's 100m B</u></b>				Wind=	+0.1				
1	6	Hannah Brier	Swansea Harriers	11.47			194	<input checked="" type="checkbox"/>	1	11	Mica Moore	Birchfield Harriers	12.05		107	<input checked="" type="checkbox"/>			
2	2	Alisha Rees	Edinburgh AC	11.73			155	<input checked="" type="checkbox"/>	2	88	Leah Moore	Windsor, Slough E & H	12.14		93	<input checked="" type="checkbox"/>			
3	1	Diani Walker	Birchfield Harriers	11.82			142	<input checked="" type="checkbox"/>	3	55	Shereen Charles	Shaftesbury Barnet H.	12.26		76	<input checked="" type="checkbox"/>			
4	5	Steffi Wilson	Shaftesbury Barnet H	12.08			103	<input checked="" type="checkbox"/>	4	66	Eve Williams	Swansea Harriers	12.40		54	<input checked="" type="checkbox"/>			
5	8	Stephanie Clithero	Windsor, Slough E &	12.30			69	<input checked="" type="checkbox"/>	5	22	Jazmine Tomlinson	Edinburgh AC	12.72			<input checked="" type="checkbox"/>			
6	3	Mary Martin	Enfield & Haringey A	12.69				<input checked="" type="checkbox"/>	6	77	Tayla Benson	Thames Valley Harriers	12.85			<input checked="" type="checkbox"/>			
7	7	Angelita Broadbelt	Thames Valley Harrie	12.86				<input checked="" type="checkbox"/>	7	33	Temitayo Alawoya	Enfield & Haringey AC	14.32						
8	4	Laura Mason	Notts AC	13.54					8	44	Annabelle Palmer	Notts AC	16.15						

<b><u>Women's 200m A</u></b>				Wind=	-1.3					<b><u>Women's 200m B</u></b>				Wind=	-0.7				
1	2	Alisha Rees	Edinburgh AC	23.64			180	<input checked="" type="checkbox"/>	1	88	Laura Wake	Windsor, Slough E & H	24.79		103	<input checked="" type="checkbox"/>			
2	3	Lina Nielsen	Enfield & Haringey A	24.03			154	<input checked="" type="checkbox"/>	2	22	Stacey Downie	Edinburgh AC	24.80		103	<input checked="" type="checkbox"/>			
3	5	Steffi Wilson	Shaftesbury Barnet H	24.50			123	<input checked="" type="checkbox"/>	3	11	Amy Hillyard	Birchfield Harriers	24.95		93	<input checked="" type="checkbox"/>			
4	8	Leah Moore	Windsor, Slough E &	24.80			103	<input checked="" type="checkbox"/>	4	66	Rebecca Williams	Swansea Harriers	25.66			<input checked="" type="checkbox"/>			
5	6	Eve Williams	Swansea Harriers	24.82			101	<input checked="" type="checkbox"/>	5	33	Mary Martin	Enfield & Haringey AC	25.74			<input checked="" type="checkbox"/>			
6	1	Diani Walker	Birchfield Harriers	24.89			97	<input checked="" type="checkbox"/>	6	55	Claire Spurway	Shaftesbury Barnet H.	25.75			<input checked="" type="checkbox"/>			
7	4	Debs Willis	Notts AC	25.66				<input checked="" type="checkbox"/>	7	77	Lucy Ferguson	Thames Valley Harriers	26.28			<input checked="" type="checkbox"/>			
8	7	Leslie Delgado	Thames Valley Harrie	25.76				<input checked="" type="checkbox"/>	8	44	Laura Mason	Notts AC	28.70						

<b><u>Women's 400m A</u></b>								<b><u>Women's 400m B</u></b>								
1	7	Zoey Clark	Thames Valley Harrie	53.18			189	<input checked="" type="checkbox"/>	1	88	Leah Barrow	Windsor, Slough E & H	54.87		147	<input checked="" type="checkbox"/>
2	8	Jessie Knight	Windsor, Slough E &	54.03			168	<input checked="" type="checkbox"/>	2	11	Loren Bleaken	Birchfield Harriers	56.03		118	<input checked="" type="checkbox"/>
3	5	Sabrina Bakare	Shaftesbury Barnet H	54.83			148	<input checked="" type="checkbox"/>	3	55	Tara Kafke	Shaftesbury Barnet H.	56.18		114	<input checked="" type="checkbox"/>
4	1	Amy Hillyard	Birchfield Harriers	55.34			135	<input checked="" type="checkbox"/>	4	77	Lucy Ferguson	Thames Valley Harriers	57.65		77	<input checked="" type="checkbox"/>
5	6	Rebecca Williams	Swansea Harriers	56.61			103	<input checked="" type="checkbox"/>	5	22	Elizabeth Musgrove	Edinburgh AC	60.00			<input checked="" type="checkbox"/>
6	3	Akesha Smith	Enfield & Haringey A	56.65			102	<input checked="" type="checkbox"/>	6	33	Michelle McNamara	Enfield & Haringey AC	60.15			<input checked="" type="checkbox"/>
7	2	Stacey Downie	Edinburgh AC	58.12			65	<input checked="" type="checkbox"/>	7	66	Izzy Parry Jones	Swansea Harriers	60.61			<input checked="" type="checkbox"/>
8	4	Anne-Laure Larrivi	Notts AC	65.22					8	44	Laura Mason	Notts AC	69.62			

<b><u>Women's 800m A</u></b>								<b><u>Women's 800m B</u></b>								
1	1	Sara Treacy	Birchfield Harriers	02:06.84			139	<input checked="" type="checkbox"/>	1	66	Alaw Beynon Thom	Swansea Harriers	02:15.04			<input checked="" type="checkbox"/>
2	3	Charlotte Cayton-S	Enfield & Haringey A	02:08.25			121	<input checked="" type="checkbox"/>	2	22	Hannah Cameron	Edinburgh AC	02:15.06			<input checked="" type="checkbox"/>
3	2	Samantha Coleby	Edinburgh AC	02:09.34			108	<input checked="" type="checkbox"/>	3	11	Kate Allen	Birchfield Harriers	02:17.15			<input checked="" type="checkbox"/>
4	6	Izzy Parry Jones	Swansea Harriers	02:11.18			85	<input checked="" type="checkbox"/>	4	44	Anne-Laure Larrivi	Notts AC	02:22.89			<input checked="" type="checkbox"/>
5	7	Michaela Mayor	Thames Valley Harrie	02:15.71				<input checked="" type="checkbox"/>	5	77	Alex Mundell	Thames Valley Harriers	02:24.58			<input checked="" type="checkbox"/>
6	5	Gemma Rous	Shaftesbury Barnet H	02:19.14				<input checked="" type="checkbox"/>	6	33	Michelle McNamara	Enfield & Haringey AC	02:26.14			
7	4	Sarah Mackness	Notts AC	02:19.40				<input checked="" type="checkbox"/>	7	55	Grace Conroy	Shaftesbury Barnet H.	02:28.84			
8	8	Lauren Herrington	Windsor, Slough E &	02:20.73				<input checked="" type="checkbox"/>	8	88	Amy Herrington	Windsor, Slough E & H	02:52.22			

<b><u>Women's 1500m A</u></b>								<b><u>Women's 1500m B</u></b>								
1	1	Sara Treacy	Birchfield Harriers	04:22.80			146	<input checked="" type="checkbox"/>	1	11	Tamara Amoush	Birchfield Harriers	04:26.31		128	<input checked="" type="checkbox"/>
2	5	Naomi Taschimow	Shaftesbury Barnet H	04:24.64			136	<input checked="" type="checkbox"/>	2	66	Kate Roberts	Swansea Harriers	04:42.69			<input checked="" type="checkbox"/>
3	6	Alaw Beynon Thon	Swansea Harriers	04:30.47			107	<input checked="" type="checkbox"/>	3	88	Eloise Davison	Windsor, Slough E & H	04:48.48			<input checked="" type="checkbox"/>
4	8	Molly Riglin	Windsor, Slough E &	04:40.97			55	<input checked="" type="checkbox"/>	4	22	Louise Mercer	Edinburgh AC	04:50.51			<input checked="" type="checkbox"/>
5	2	Amanda Woodrow	Edinburgh AC	04:45.21				<input checked="" type="checkbox"/>	5	77	Michaela Mayor	Thames Valley Harriers	04:55.42			<input checked="" type="checkbox"/>
6	3	Hollie Parker	Enfield & Haringey A	04:47.13				<input checked="" type="checkbox"/>	6	44	Hannah Robinson	Notts AC	04:56.09			<input checked="" type="checkbox"/>
7	4	Sarah Mackness	Notts AC	04:48.42				<input checked="" type="checkbox"/>	7	55	Grace Conroy	Shaftesbury Barnet H.	05:26.06			
8	7	Fiona Thompson	Thames Valley Harrie	04:50.16				<input checked="" type="checkbox"/>	8							

<b><u>Women's 2000 S/Chase A</u></b>								<b><u>Women's 2000 S/Chase B</u></b>								
1	2	Lauren Stoddart	Edinburgh AC	06:56.11	LR		407	<input checked="" type="checkbox"/>	1							
2	7	Lisa da Silva	Thames Valley Harrie	07:33.97			332	<input checked="" type="checkbox"/>	2							
3	6	Bethan Harries	Swansea Harriers	07:41.70			316	<input checked="" type="checkbox"/>	3							
4	8	Hannah Dingeman	Windsor, Slough E &	08:25.58			228	<input checked="" type="checkbox"/>	4							
5	4	Georgina Weston	Notts AC	08:46.98			186	<input checked="" type="checkbox"/>	5							
6									6							
7									7							
8									8							

## UK Women's Athletics League

### Premier Match 1 - Swansea

				4th June 2016										
		Perf	Recor	Wind	UKA	AW			Perf	Wind	UKA	AW		
<b><u>Women's 3000m A</u></b>														
1	5	Naomi Taschimow	Shaftesbury Barnet H	09:24.09		159	☑	1	1	Bryony Haimes	Birchfield Harriers	09:39.62	133	☑
2	11	Tamara Amoush	Birchfield Harriers	09:36.28		139	☑	2	44	Aubree Piepmeier	Notts AC	09:52.90	111	☑
3	4	Sophie Cowper	Notts AC	09:47.97		120	☑	3	6	Andrea Whitcombe	Swansea Harriers	10:03.66	93	☑
4	2	Rachael Dunn	Edinburgh AC	09:52.29		112	☑	4	22	Louise Mercer	Edinburgh AC	10:12.04	79	☑
5	8	Charlotte Firth	Windsor, Slough E &	09:54.70		108	☑	5	88	Nicole Swaffield	Windsor, Slough E & H	10:24.09	59	☑
6	66	Kate Roberts	Swansea Harriers	10:00.84		98	☑	6	77	Sarah Johnson	Thames Valley Harriers	10:34.93		☑
7	7	Fiona Thompson	Thames Valley Harrie	10:05.47		90	☑	7						
8								8						

### **Women's 400 Hurdles A**

1	5	Phillipa Lowe	Shaftesbury Barnet H	58.80		178	☑
2	1	Georgie Rogers	Birchfield Harriers	59.30		170	☑
3	7	Leslie Delgado	Thames Valley Harrie	60.30		153	☑
4	8	Laura Wake	Windsor, Slough E &	60.80		145	☑
5	3	Sarah Calcott	Enfield & Haringey A	60.90		143	☑
6	2	Avril Jackson	Edinburgh AC	61.10		140	☑
7	6	Sian Davies	Swansea Harriers	61.20		138	☑
8	4	Debs Willis	Notts AC	67.20			☑

### **Women's 400 Hurdles B**

1	66	Bethany Close	Swansea Harriers	60.00		158	☑
2	55	Gemma Rous	Shaftesbury Barnet H.	61.80		128	☑
3	33	Kerry Dixon	Enfield & Haringey AC	62.50		116	☑
4	77	Lucy Ferguson	Thames Valley Harriers	63.70		96	☑
5	44	Emma Komocki	Notts AC	64.70		79	☑
6	22	Jade Currie	Edinburgh AC	65.00		75	☑
7	88	Emily Barrett	Windsor, Slough E & H	67.70			☑
8							

### **Women's 100 Hurdles A**

Wind= -1.4

1	6	Mollie Courtney	Swansea Harriers	13.63		178	☑
2	8	Stephanie Clithero	Windsor, Slough E &	13.91		159	☑
3	7	Angelita Broadbelt	Thames Valley Harrie	14.18		141	☑
4	1	Katie Stainton	Birchfield Harriers	14.45		123	☑
5	2	Olivia Walker	Edinburgh AC	14.56		116	☑
6	4	Zoe Lucas	Notts AC	14.66		109	☑
7	3	Sarah Calcott	Enfield & Haringey A	16.04			☑
8	5	Eavion Richardson	Shaftesbury Barnet H	19.54			

### **Women's 100 Hurdles B**

Wind=

1	88	Alice Hopkins	Windsor, Slough E & H	14.56		116	☑
2	77	Tayla Benson	Thames Valley Harriers	14.79		100	☑
3	22	Catriona Pennet	Edinburgh AC	15.17		75	☑
4	11	Mica Moore	Birchfield Harriers	15.40		60	☑
5	44	Emma Komocki	Notts AC	15.41		59	☑
6	33	Ashleigh Spiliopoul	Enfield & Haringey AC	16.15			☑
7	66	Sian Davies	Swansea Harriers	16.28			☑
8	55	Esther Akwaji	Shaftesbury Barnet H.	19.04			

### **Women's Hammer A**

1	2	Susan McKelvie	Edinburgh AC	61.58		186	☑
2	7	Emma O'Hara	Thames Valley Harrie	58.25		168	☑
3	3	Philippa Wingate	Enfield & Haringey A	56.64		159	☑
4	1	Sara Bobash	Birchfield Harriers	54.41		146	☑
5	5	Rebecca Keating	Shaftesbury Barnet H	54.05		144	☑
6	8	Amy Herrington	Windsor, Slough E &	53.85		143	☑
7	6	Zoe Dakin	Swansea Harriers	48.77		115	☑
8	4	Annabelle Palmer	Notts AC	48.19		112	☑

### **Women's Hammer B**

1	22	Hannah Evenden	Edinburgh AC	55.29		151	☑
2	77	Katie Lambert	Thames Valley Harriers	54.39		146	☑
3	44	Harriet Ahlgren	Notts AC	45.00		94	☑
4	55	Sarah Parsons	Shaftesbury Barnet H.	43.27		84	☑
5	66	Carys Smith	Swansea Harriers	42.81		82	☑
6	88	Janet Smith	Windsor, Slough E & H	35.91			☑
7	33	Elianne Mahay-Goo	Enfield & Haringey AC	32.73			☑
8	11	Laura Radburn	Birchfield Harriers	29.79			

### **Women's Discus A**

1	8	Clare Fitzgerald	Windsor, Slough E &	53.04		175	☑
2	5	Shadine Duquemir	Shaftesbury Barnet H	48.57		147	☑
3	77	Sophie Parkinson	Thames Valley Harrie	43.62		116	☑
4	6	Awen Rosser	Swansea Harriers	41.75		104	☑
5	22	Hannah Evenden	Edinburgh AC	41.35		102	☑
6	4	Hayley Rubery	Notts AC	36.53		72	☑
7	33	Melanie Harrison	Enfield & Haringey A	33.31		51	☑
8	1	Sophie Thomas	Birchfield Harriers	31.37			☑

### **Women's Discus B**

1	7	Sophie Mace	Thames Valley Harriers	42.39		108	☑
2	2	Kathy Hetherington	Edinburgh AC	40.19		94	☑
3	55	Sarah Parsons	Shaftesbury Barnet H.	39.21		88	☑
4	88	Luisa Chantler Edm	Windsor, Slough E & H	38.66		85	☑
5	44	Emily Campbell	Notts AC	33.26		51	☑
6	66	Nina Prells	Swansea Harriers	32.21			☑
7	11	Sara Bobash	Birchfield Harriers	30.50			☑
8							

### **Women's Javelin A**

1	1	Emma Hamplatt	Birchfield Harriers	50.42		165	☑
2	8	Anita Fitzgibbon	Windsor, Slough E &	48.24		151	☑
3	6	Emily Cockrill	Swansea Harriers	43.46		121	☑
4	7	Laura Britane	Thames Valley Harrie	41.18		107	☑
5	2	Aileen Rennie	Edinburgh AC	40.17		101	☑
6	5	Georgie Floyd	Shaftesbury Barnet H	37.35		83	☑
7	33	Ashleigh Spiliopou	Enfield & Haringey A	24.64			
8	4	Hayley Rubery	Notts AC	23.69			

### **Women's Javelin B**

1	88	Hannah Johnson	Windsor, Slough E & H	44.91		130	☑
2	77	Olga Kotomilos	Thames Valley Harriers	40.04		100	☑
3	11	Sophie Thomas	Birchfield Harriers	38.78		92	☑
4	22	Ellie McGinty	Edinburgh AC	32.51		53	☑
5	55	Lucy Underdown	Shaftesbury Barnet H.	24.93			
6	66	Carys Smith	Swansea Harriers	19.34			
7	3	Melanie Harrison	Enfield & Haringey AC	18.46			
8	44	Beth Newton	Notts AC	15.35			

## UK Women's Athletics League

### Premier Match 1 - Swansea

				Perf	Recor	Wind	UKA	AW	4th June 2016				Perf	Wind	UKA	AW	
<b><u>Women's Shot Putt A</u></b>								<b><u>Women's Shot Putt B</u></b>									
1	8	Rachel Wallader	Windsor, Slough E &	17.53			200	☑	1	88	Sophie McKinna	Windsor, Slough E & H	16.75			185	☑
2	44	Emily Campbell	Notts AC	13.85			127	☑	2	77	Sophie Parkinson-B	Thames Valley Harriers	12.04			90	☑
3	7	Danielle Opara	Thames Valley Harrie	13.65			123	☑	3	33	Elainne Mahay-Goo	Enfield & Haringey AC	11.32			76	☑
4	5	Lucy Underdown	Shaftesbury Barnet H	12.90			108	☑	4	11	Katie Stainton	Birchfield Harriers	11.00			70	☑
5	1	Sophie Thomas	Birchfield Harriers	12.29			95	☑	5	55	Sarah Parsons	Shaftesbury Barnet H.	10.79			65	☑
6	3	Simi Pam	Enfield & Haringey A	12.26			95	☑	6	2	Gillian Cooke	Edinburgh AC	9.59				
7	22	Hannah Evenden	Edinburgh AC	11.82			86	☑	7	66	Zoe Dakin	Swansea Harriers	8.42				
8	6	Awen Rosser	Swansea Harriers	11.24			74	☑	8								
<b><u>Women's Long Jump A</u></b>								<b><u>Women's Long Jump B</u></b>									
1	2	Sarah Warnock	Edinburgh AC	5.95			131	☑	1	22	Rachel Robertson	Edinburgh AC	5.49			73	☑
2	7	Angela Barrett	Thames Valley Harrie	5.91			126	☑	2	66	Sian Swanson	Swansea Harriers	5.39			61	☑
3	6	Imelda Morrison	Swansea Harriers	5.90			125	☑	3	55	Kayanna Reid	Shaftesbury Barnet H.	5.17				☑
4	1	Sineade Gutzmore	Birchfield Harriers	5.83			116	☑	4	77	Ugne Liuksaityte	Thames Valley Harriers	5.11				☑
5	8	Alice Hopkins	Windsor, Slough E &	5.68			97	☑	5	88	Jatila Reavill-Blake	Windsor, Slough E & H	5.01				☑
6	5	Eavion Richardson	Shaftesbury Barnet H	5.39			61	☑	6	33	Mary Martin	Enfield & Haringey AC	4.85				
7	3	Georgia Green	Enfield & Haringey A	4.88					7								
8	44	Beth Mortiboy	Notts AC	4.81					8								
<b><u>Women's Triple Jump A</u></b>								<b><u>Women's Triple Jump B</u></b>									
1	7	Angela Barrett	Thames Valley Harrie	12.94			159	☑	1	77	Montana Jackson	Thames Valley Harriers	12.69			147	☑
2	1	Sineade Gutzmore	Birchfield Harriers	12.74			149	☑	2	5	Sapphire Clarkson	Shaftesbury Barnet H.	11.49			87	☑
3	55	Yasmin Lakin	Shaftesbury Barnet H	11.71			98	☑	3	4	Beth Mortiboy	Notts AC	11.13			69	☑
4	2	Gillian Cooke	Edinburgh AC	11.59			92	☑	4	22	Rachel Dinsdale	Edinburgh AC	11.04			64	☑
5	3	Georgia Green	Enfield & Haringey A	11.16			70	☑	5	66	Sian Davies	Swansea Harriers	10.84			54	☑
6	44	Katie Rowe	Notts AC	11.14			69	☑	6	33	Shimaala Harewood	Enfield & Haringey AC	10.29				☑
7	6	Sian Swanson	Swansea Harriers	11.13			69	☑	7	8	Sarah Melbourne	Windsor, Slough E & H	9.29				
8	88	Nadya Wisham	Windsor, Slough E &	10.34				☑	8								
<b><u>Women's High Jump A</u></b>								<b><u>Women's High Jump B</u></b>									
1	7	Philippa Rogan	Thames Valley Harrie	1.75			145	☑	1	77	Annabelle Bates	Thames Valley Harriers	1.70			120	☑
2	1	Katie Stainton	Birchfield Harriers	1.70			120	☑	2	66	Sian Swanson	Swansea Harriers	1.50				
3	33	Ashleigh Spiliopou	Enfield & Haringey A	1.65			95	☑	3	3	Sarah Calcott	Enfield & Haringey AC	1.45				
4	8	Alice Hopkins	Windsor, Slough E &	1.65			95	☑	4	88	Nadya Wisham	Windsor, Slough E & H	1.45				
5	6	Mollie Courtney	Swansea Harriers	1.50					5	2	Ellie McGinty	Edinburgh AC	1.40				
6	22	Jade Currie	Edinburgh AC	1.45					6	4	Jenny Robbins	Notts AC	1.30				
7	55	Esther Akwaji	Shaftesbury Barnet H	1.45													
8	44	Beth Newton	Notts AC	1.35													
<b><u>Women's Pole Vault A</u></b>								<b><u>Women's Pole Vault B</u></b>									
1	1	Sophie Cook	Birchfield Harriers	3.90			175	☑	1	11	Lizzie Edden	Birchfield Harriers	3.20			105	☑
2	5	Emma Anderson	Shaftesbury Barnet H	3.60			145	☑	2	44	Beth Newton	Notts AC	2.90			75	☑
3	4	Jenny Robbins	Notts AC	3.60			145	☑	3	88	Julia Freeman	Windsor, Slough E & H	2.70			55	☑
4	6	Carys Jones	Swansea Harriers	3.40			125	☑	4	33	Temitayo Alawoya	Enfield & Haringey AC	2.30				☑
5	3	Caroline Parkinsor	Enfield & Haringey A	3.30			115	☑	5	77	Ugne Liuksaityte	Thames Valley Harriers	2.30				☑
6	7	Shannon Rapacch	Thames Valley Harrie	3.00			85	☑									
7	8	Victoria Harding	Windsor, Slough E &	2.80			64	☑									
8	2	Gillian Cooke	Edinburgh AC	2.80			65	☑									
<b><u>Women's 4x100m Relay</u></b>																	
1	1	Birchfield Harriers	Diani Walker	Mica Moore	Amy Hillyard	Katie Stainton		46.54									☑
2	5	Swansea Harriers	Hannah Brier	Eve Williams	Rebecca Williams	Mollie Courtney		46.95									☑
3	5	Shaftesbury Barne	Yasmin Lakin	Shereen Charles	Claire Spurway	Steffi Wilson		47.23									☑
4	8	Windsor, Slough E	Jatila Reavill-Blake	Leah Moore	Harriet Jones	Stephanie Clitheroe		47.86									☑
5	2	Edinburgh AC	Ellie McGinty	Alisha Rees	Rachel Robertson	Gillian Cooke		48.33									☑
6	3	Enfield & Haringey	Mary Martin	Lina Nielsen	Sarah Calcott	Akesha Smith		48.45									☑
7	7	Thames Valley Hai	Lucy Ferguson	Tayla Benson	Montana Jackson	Ugne Liuksaityte		49.56									☑
8	4	Notts AC	Zoe Lucas	Emma Komocki	Debs Willis	Laura Mason		51.66									☑

## UK Women's Athletics League

### Premier Match 1 - Swansea

Perf    **Recor**    Wind    UKA    AW

4th June 2016

Perf    Wind    UKA    AW

#### Women's 4x400m Relay

1	5	Shaftesbury Barne Tara Kafke	Phillipa Lowe	Gemma Rous	Sabrina Bakare	03:40.46	<input checked="" type="checkbox"/>
2	3	Enfield & Haringey Akesha Smith	Charlotte Cayton-Smith	Margaret Adeoye	Lina Nielsen	03:42.55	<input checked="" type="checkbox"/>
3	8	Windsor, Slough E Jessie Knight	Laura Wake	Emily Barrett	Leah Barrow	03:44.10	<input checked="" type="checkbox"/>
4	7	Thames Valley Harriers Angela Barrett	Angelita Broadbelt-Blake	Leslie Delgado	Zoey Clark	03:45.28	<input checked="" type="checkbox"/>
5	1	Birchfield Harriers Georgie Rogers	Loren Bleaken	Amy Hillyard	Sara Treacy	03:45.74	<input checked="" type="checkbox"/>
6	2	Edinburgh AC Hannah Cameron	Elizabeth Musgrove	Avril Jackson	Samantha Coleby	03:54.88	<input checked="" type="checkbox"/>
7	6	Swansea Harriers Sian Davies	Alaw Beynon Thomas	Eve Williams	Rebecca Williams	03:59.50	<input checked="" type="checkbox"/>
8	4	Notts AC Debs Willis	Emma Komocki	Sarah Mackness	Anne-Laure Larriviere	04:07.09	<input checked="" type="checkbox"/>

MATCH RESULT	League Points	Match
1 Thames Valley Harriers	8	207.0
2 Birchfield Harriers	7	205.0
3 Windsor, Slough E & H	6	204.0
4 Edinburgh AC	5	196.0
5 Swansea Harriers	4	183.0
6 Shaftesbury Barnet H.	3	177.0
7 Enfield & Haringey AC	2	136.0
8 Notts AC	1	120.0

STANDINGS	League Points	Match
1 Thames Valley Harriers	8	207.0
2 Birchfield Harriers	7	205.0
3 Windsor, Slough E & H	6	204.0
4 Edinburgh AC	5	196.0
5 Swansea Harriers	4	183.0
6 Shaftesbury Barnet H.	3	177.0
7 Enfield & Haringey AC	2	136.0
8 Notts AC	1	120.0

#### 100m Non Scoring

Wind= +0.5

1	85	Claire Spurway	Shaftesbury Barnet H	12.60	<input checked="" type="checkbox"/>
2	78	Ellie McGinty	Edinburgh	12.63	<input checked="" type="checkbox"/>
3	74	Jatilla Reavill-Blak	WSEH	12.70	<input checked="" type="checkbox"/>
4	73	Aliysa Coddington	WSEH	12.91	<input checked="" type="checkbox"/>
5					
6					
7					
8					

#### 400m Non Scoring

1	94	Olivia Curran	WSEH	3.60	1540	<input checked="" type="checkbox"/>
2						
3						
4						
5						
6						
7						
8						

#### 100mH Non Scoring

Wind = -1.4

1	76	Harriet Jones	WSEH	14.60	
2					

#### Shot Put Non Scoring

1	92	Clare Fitzgerald	WSEH	15.02
2	93	Luisa C Edmond	WSEH	11.05

#### 400mH Non Scoring

1	72	Donna Jones	Swansea Harriers	66.2
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#### Discus Non Scoring

1	95	Lucy Underdown	Shaftesbury Barnet H	40.65
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